



MADD

Mothers Against Drunk Driving™
Les mères contre l'alcool au volant™

Contract for Life

Help your friends and family stay alive - don't let them drink and drive!

A reality check between friends and family members...

I understand the dangers involved in operating a motor vehicle while impaired. I WILL NOT DRIVE if I have been drinking. If I am placed in a situation where a person driving is impaired, I PROMISE to call you to ask for advice or a ride, regardless of the hour or circumstances.

NAME

Because I care about you and others, when you contact me I PROMISE to do my best to help you through any situation in a non-judgmental way, either by suggesting possible solutions, or by volunteering to provide or find alternative transportation, no matter what the hour or circumstances.

NAME

HOW THIS CONTRACT WORKS

- Both parties must read, discuss and reach an agreement on the terms.
- This agreement provides an arrangement that has proven to be effective for many.
- Both parties may choose to attach terms to this contract, to better suit their situation. (Use the reverse side of this form.)
- This contract is also designed to be used as a forum for discussion between individuals.
- It can be a practical step in dealing with the realities of situations that involve drinking and driving.
- This contract can be made between family members, friends and others.

Plan a sober ride home before setting out, designate a sober driver, call home, take a taxi, walk with a friend, arrange to stay over with friends or family, or take local transit.

[Download and print a "Contract for Life"](#)

[Previous](#)

[Home](#)

[Next](#)